

Rider Choices



# Tribe Talk



Sunday February 21<sup>st</sup>, 2021 at 8:00 pm  
Eastern

# Purpose



- The Tribe is a group of like-minded people who have more in common than they have differences.
- Tribe Talk is a dialog with Coaches to enhance communications and help develop an improvement culture, sharing experiences and ideas for the betterment of the tribe.
- This is an independent event, not sponsored by any organization regardless of who participates. The one simple motive is **improvement** of the Tribe and our ability to create responsible – thinking, motorcyclist with good judgment.

# Tribe Talk Etiquette

- Mute Microphone when not speaking 
- Please use Raise Hand Icon, located at bottom of the chat window. 
- You can also text questions in the Zoom Chat box for others to ask.
- Please add your name and location to your screen name.
- Please share the context and jurisdictional constraints in responses.
- Lurkers are welcome!
- Please re-enter the talk if there are technical difficulties.



Tribe Talk

# Tribe Talk Topics – February 21<sup>st</sup>, 2021



- Professional Development Part 1
- Tribe Talk Poll

Tribe Talk

# Professional Development



What is your definition of Professional Development?

**Wikipedia :**



**Professional development** is learning to earn or maintain professional [credentials](#) [**Certifications**] such as [academic degrees](#) to formal coursework, attending conferences, and [informal learning](#) opportunities situated in practice. It has been described as intensive and collaborative, ideally incorporating an evaluative stage.<sup>[1]</sup> There is a variety of approaches to professional development, including consultation, coaching, [communities of practice](#), lesson study, mentoring, reflective supervision, and technical assistance.<sup>[2]</sup>

# Professional Development Examples?



- Workshops
  - State PDWs
  - iRETS
  - vRETS
  - rRETS
  - IFZ
  - SMSA
- Self-Development
- Guided Development (Mentor)
- Experience
- Peers (is this a main resource)

Tribe



# Individual Development Resources



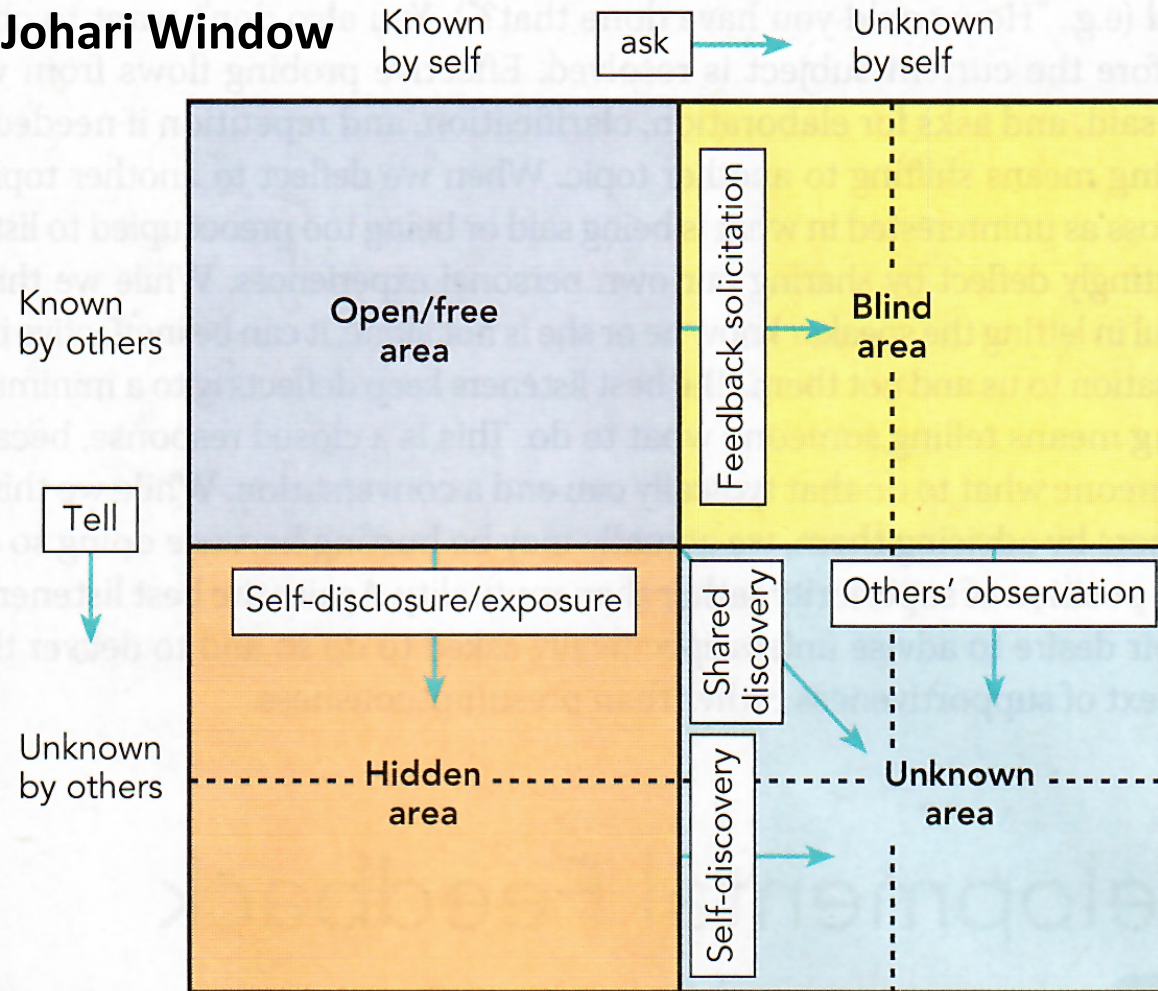
- Professional Literature RCG
  - (Rider Handbook, Range Cards, Coach guide)
- Rider Education Research
  - **Skilled Motorcyclist Association Responsible Trained and Educated Riders**
  - Google Scholar
- Academic Resources
- State Programs
  - Quality Assurance
- Professional Associations
- Experiences

Tribe Talk

# Developmental Feedback



## Johari Window



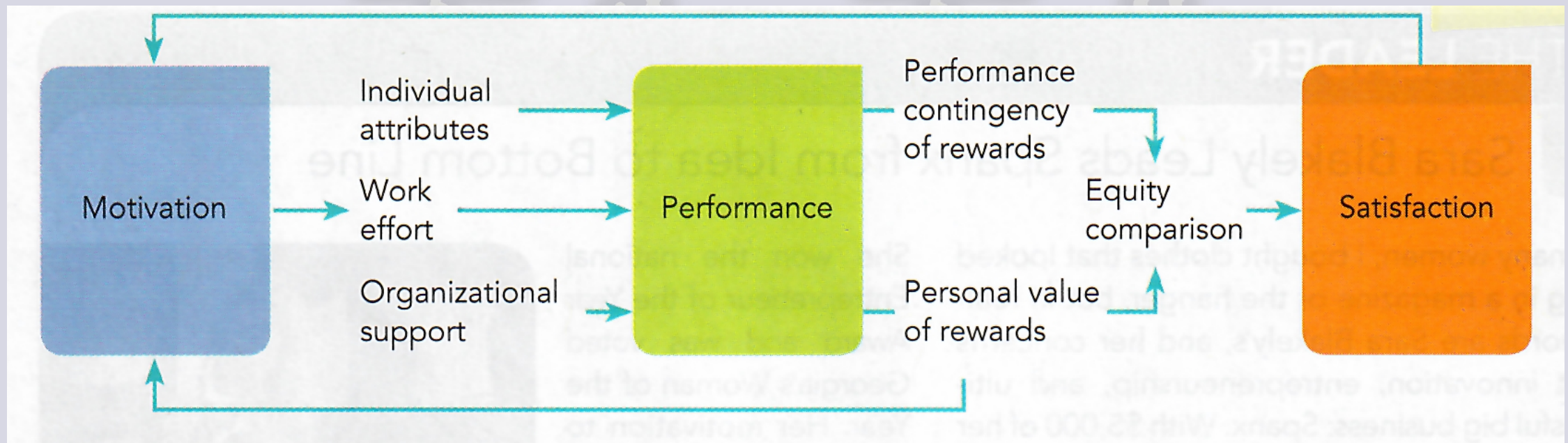
1. Make sure it is developmental (positive improvement)
2. Be timely (present moment)
3. Prepare ahead of time (clarity)
4. Be specific (do not use generalities)
5. Do it in private (safe and comfortable)
6. Limit the focus (specific and direct)
7. Reinforce (share positive actions to embed)
8. Show Caring (be authentic)





# Motivation and Goals

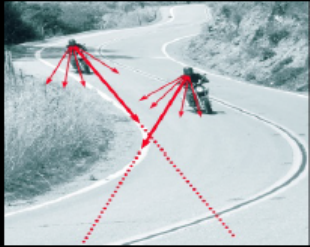
- Intrinsic – Value is direct result of an individual's desired goal.
- Extrinsic – Value is derived from an external source, group, or person.
- Commitment



# Executive Functions



**Physical**



**Mental**



**Social**



**Emotional**

- Goal Setting
- Planning
- Organizing
- Prioritizing
- Initiating
- Shifting
- Monitoring



# MSF RiderCoach Levels©

Not Labels, but Self-Assessment used for Professional Development



Level 0 – Not yet a RiderCoach, (or substandard RC)

Level I – Delivers the BRC per minimum standard

Level II – Beyond level I + studies and reviews the RCG

Level III – Beyond Level II + understands the SAM Principles

Level IV – Beyond Level III + mastery/excellence

(Motivation, Curiosity, Experience, Values, Reflection)

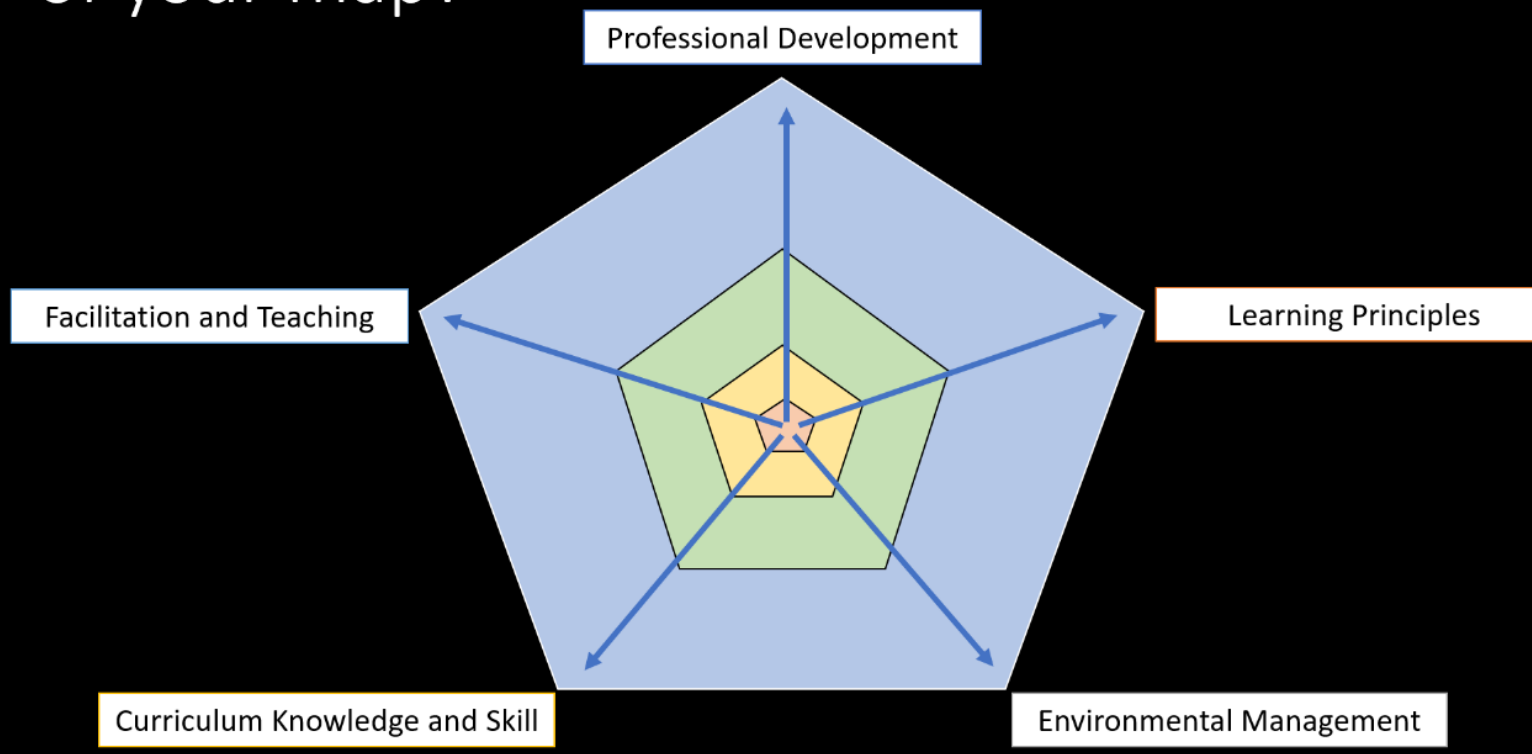
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# Professional Development Part 2

Mark Weiss, AZ



A Dynamic System: What influences the shape of your map?





# How to build the Tribe

- Invite others to Participate!
- Share Ideas for future topics.
- Volunteer to host/present.
- Help develop the platform by asking other RiderCoaches to participate.
- Be motivated to Mentor or be Mentored

Leave your **feedback** and future Ideas at:

<https://www.riderchoices.com> Select **RiderCoach Info** and **Tribe Talks**

# Tribe Talk Wrap up – 21 February 2021



- **Professional Development Part 1**
- **Tribe Talk Weekly Poll 21 January 2021**
- **Next Tribe Talk – Mark Weiss - Sunday March 28<sup>th</sup>, 2021 – 8:00-9:00 pm Eastern**
- **Tribe Talk Happy Hour – continues every Wednesday 7:00-9:00 pm Eastern**