

Rider Choices



Tribe Talk



Sunday November 29th, 2020 at 8:00 pm
Eastern

Purpose



- The Tribe is a group of like-minded people who have more in common than they have differences.
- Tribe Talk is a dialog with Coaches to enhance communications and help develop an improvement culture, sharing experiences and ideas for the betterment of the tribe.
- This is an independent event, not sponsored by any organization regardless of who participates. The one simple motive is **improvement** of the Tribe and our ability create responsible – thinking, motorcyclist with good judgment.

Tribe Talk Etiquette

- Mute Microphone when not speaking 
- Please use Raise Hand Icon, located at bottom of the chat window. 
- You can also text questions in the Zoom Chat box for others to ask.
- Please add your name and location to your screen name.
- Please share the context and jurisdictional constraints in responses.
- Lurkers are welcome!
- Please re-enter the talk if there are technical difficulties.



Tribe Talk

Tribe Talk Topics – November 29th, 2020



- **First and Second Year Coaching Experiences**
- **The Three Minute Thesis**
- **Tribe Talk Weekly Poll 29 November 2020**

First and Second Year Coaches



As you first speak please introduce yourself with name and location of where you coach. Please be open and honest about challenges and successes:

- How was your first year of coaching?
- How many different ranges have you coached on?
- What type of ranges were they?
- How many different coaches have you taught with?
- What was your biggest challenge and success?
- What was your most rewarding moments?

First and Second Year Coaches



- What increased your confidence as a coach?
- Who inspired you to be better and why?
- How are you having/creating fun as a coach?
- What advice would you give to other new or aspiring coaches?
- What advice would you give to more seasoned coaches or trainers?

3 M T



1. Select a topic that could help other RiderCoaches or Students.
2. Write a short script to highlight key points for the topic.
3. Develop a hook to attain the audience interest.
4. Quickly explain the premise, the problem, and the resolution.
5. Finish strong so the audience will remember.
6. Keep it to less than 3 minutes!



[Click to play video...](#)

Tribe Talk Poll - 29 Novembe... in Progress 3:21

Attendees are now viewing questions 20 of 25 (80%) voted

1. Simulated practice may best be described as:

- a. An educational method used to stimulate thought about applying a muscle movement to a riding skill (2) 40%
- b. An educational technique used to ensure riders have the basic motor skills to complete a riding activity. (3) 15%
- c. A motor skill that when used will provide the procedural skills, technical knowledge and muscle memory sequences to effectively complete a riding exercise. (7) 35%
- d. An educational technique used to create muscle memory so gross motor skill principles will not be violated. (2) 10%
- e. A motor skill technique designed to enhance the riding experience of already-skilled riders to take their learning to a deeper level. (0) 0%

2. The coach positions on the range cards:

- a. Are required positions to stand when evaluating and coaching range exercises. (2) 10%
- b. Were determined by curriculum developers to ensure ease of RiderCoach evaluation during training and to assist with quality assurance measures. (10) 50%
- c. Are where riders in a course are to stand for riding range exercise instructions and riding demonstrations, and when not riding split exercises. (0) 0%
- d. Are where the RiderCoaches spent the majority of their time during an exercise when the course was being field tested. (8) 40%
- e. Are constantly changed whenever range cards are revised to ensure RiderCoaches pay attention to changes made in the curriculum. (0) 0%

End Polling

Sharing Poll Results

Attendees are now viewing the poll results

1. Simulated practice may best be described as:

- a. An educational method used to stimulate thought about applying a muscle movement to a riding skill (9) 43%
- b. An educational technique used to ensure riders have the basic motor skills to complete a riding activity. (3) 14%
- c. A motor skill that when used will provide the procedural skills, technical knowledge and muscle memory sequences to effectively complete a riding exercise. (7) 33%
- d. An educational technique used to create muscle memory so gross motor skill principles will not be violated. (2) 10%
- e. A motor skill technique designed to enhance the riding experience of already-skilled riders to take their learning to a deeper level. (0) 0%

2. The coach positions on the range cards:

- a. Are required positions to stand when evaluating and coaching range exercises. (2) 10%
- b. Were determined by curriculum developers to ensure ease of RiderCoach evaluation during training and to assist with quality assurance measures. (11) 52%
- c. Are where riders in a course are to stand for riding range exercise instructions and riding demonstrations, and when not riding split exercises. (0) 0%
- d. Are where the RiderCoaches spent the majority of their time during an exercise when the course was being field tested. (8) 38%
- e. Are constantly changed whenever range cards are revised to ensure RiderCoaches pay attention to changes made in the curriculum. (0) 0%

Stop Share Results Re-launch Polling

Questions

Talk





How to build the Tribe

- Invite others to Participate!
- Share Ideas for future topics.
- Volunteer to host/present.
- Help develop the platform by asking other RiderCoaches to participate.
- Be motivated to Mentor or be Mentored

Leave your **feedback** and future Ideas at:

<https://www.riderchoices.com> Select **RiderCoach Info** and **Tribe Talks**

Tribe Talk Wrap up – 29 November 2020



- **First and Second Year Coaching Experiences**
- **The Three Minute Thesis**
- **Tribe Talk Weekly Poll 29 November 2020**
- **Next Tribe Talk - Sunday December 27th?, 2020 – 8:00-9:00 pm Eastern**
- **Tribe Talk Happy Hour – continues every Wednesday 7:00-9:00 pm Eastern**

From Me to Everyone:
and now?

From Me to valerie: (Direct Message)
Valerie, if you would please, change your name to first last , and location

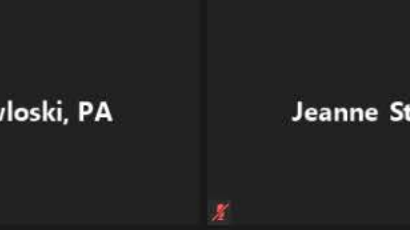
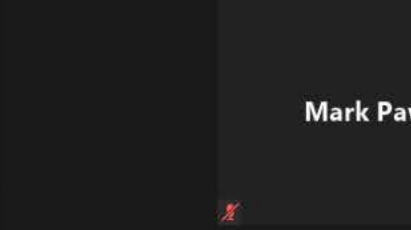
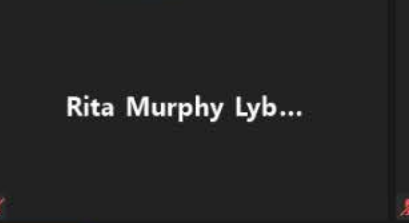
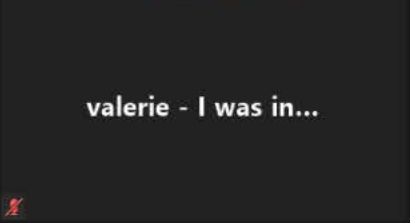
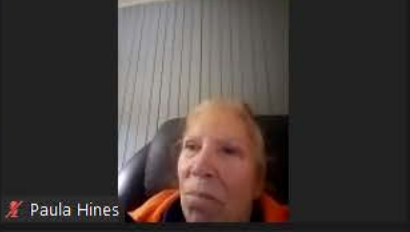
From Rita Lybek's iPhone to Me: (Direct Message)
log in issues again. fucking computer updates! I'll get on a real computer soon.

From Chris Horton - Co Springs to Everyone:
FEEDBACK...yikes...

From Josh Bumpus MA to Me: (Direct Message)
jeff said he should be on by 815 driving\

From Tony Philpin - CT to Me: (Direct Message)
No feedback right now with last reading...

From Me to Tony Philpin - CT: (Direct Message)
I have been turning my microphone off and on



To: Tony ... (Direct Message) File ...

Type message here...